

Case 68 Dermatitis Re-consultation of Case 2

Date of submission: 24th/Nov/2021

Before submitting the case, be sure to obtain client's consent. Tick the box of the consent you get from your client.

- Usage in the supervision program (Required)
- Usage of photos in the supervision program (Required)
- Publication in Web site and SNS (excluding photos)
- Publication in Web site and SNS (including photos) ※ Identifying information will be removed from photos.

Male, 22 years old, born in 2000.

1) Chief Complaints

Dermatitis (mostly on face, some on chest)

*At the time of submission of Case 2, the patient had dermatitis on the face, neck, chest, back, extremities, and the entire body.

1) Detailed observation of the complaints

grogg
Facial dermatitis: After eating dinner, the skin cracks and itches with the movement of the mouth, causing itching and scratching. Peeling the skin helps itching a little. No desquamation. After scratching, he wipes it off with a tissue because it produces a slightly sticky yellowish discharge. After scratching, his face hurts so much that he sleeps with a blanket over his head to keep it away from the air. He uses Adren. as an emergency remedy for itching. Adren. helps the itchiness to calm down to about 40% of its peak in about 10 minutes, but once every two days he is unable to wait 10 minutes and scratches the face until it breaks. Sensation of fluid evaporating from the skin when itching, that makes him thirsty.

part
Dermatitis on chest: While scratching the face, the chest becomes itchy. He scratches his chest on purpose so as not to scratch only the face. Night sweats make the chest itchy.

The dermatitis got repeatedly worse by the pressure to study. During the period I submitted Case 2, he was on leave from university. After having homeopathic consultation for a year, he went back to university. Everytime he faced the pressure of the exams, his dermatitis got worse. In June 2022, he became so depressed that he texted me that he wanted to commit suicide. In Oct. he decided to drop out of university. He is now free from the pressure and the dermatitis has eased.
antidepressant

Concomitant symptoms: when the itching is severe, night sweats increase. Sweat on his chest is sticky, greasy and smelly. It is different from the normal temperature-regulating thin sweat. Chest itching is aggravated by sweating.

1)-B Etiology related to the chief complaint

1)-C Medical History for chief complaint

Steroid ointment, zinc oxide ointment, Chinese herbal ointment, clay (mother is a clay therapist)

2) Symptoms other than the chief complaint

2)-A Detailed condition other than the chief complaint (please refer to the timeline for medical history and medical treatment other than the chief complaint)

3) Mental and physical characteristics

also const. large.
He is thin (174 cm, 56 kg) and has a good appetite. Burps frequently. Hot, likes winter, thirst +++ (noticeable at night, some days before midnight, some days after midnight).

Heavy night sweats (sticky, heavy, and smells disgusting), hay fever.

Personality, Temperament

Low self-esteem. High academic pressure but unable to make an effort. Introverted. Nerd-type person who likes

large

"Anime" films and games. Calm. Physical illness when parents are away.

Food desire

Salty foods, Chinese noodles+++ Meat +++
Ice cream or whipped cream +++ *ryhos*

4) Timeline

age	Incidents
Birth:	3212g. <i>C</i>
0- 3	Atopic dermatitis (steroids)
3	Fracture of right arm
5- 10	Living in the U.S.
8	Cracked skin (moisturizing cream)
10	Symptoms like mumps (no diagnosis)
11	Fracture of right thumb
13	Orthodontics
14	Recurrence of atopic dermatitis due to acne, began attending cram school to prepare for high school entrance exam (ointment with Chinese herbal medicine)
15	Aggravation was so severe that he was unable to go to school. (face and neck) (steroids)
17	Entering high school improved his mental conditions and ameliorated the symptoms.
18	Aggravated by university entrance exam (face, neck, chest, body) Improved after the examination.
20	<u>Worsened by the pressure to do the assignments.</u> Unable to go out, he took a leave of absence. Started homeopathic consultation.
21	He returned to university and attended for one year.
22	<u>The pressure from the assignments required for graduation led him to suicidal thoughts.</u> He decided to drop out of university.

Syros Ann Apr.

5) Family History

	Age or (Age of Death)	Alive or dead	Past History / Cause of Death
Mother	56		Atopic dermatitis.
Father	55		Allergic rhinitis.
Maternal grandmother	(91)	dead	Hypertension, ovarian cysts, dementia, senility
Maternal grandfather	(54)	dead	unknown <i>Emerg</i> <i>Conc</i> <i>tub</i> <i>Tub</i>
Paternal grandmother	81	Alive	<i>Ovarian cancer, periosteoma, osteoporosis</i> <i>tub.</i> <i>tub</i>
Paternal grandfather	unknown	Alive	<i>Hyperthyroidism, heart problems, inguinal hernia, cataracts, retinal detachment</i> - <i>Syph</i>
Younger brother	20		<i>Atopic dermatitis</i> (cured after de-steroidization when in elementary school)

6) Remedies up to the most recent prescription and reaction of the client to the remedies

Advice for Case2 from the previous case supervision

Inter.: *Carb-an*
 Miasm: *Tub.* or *Carc.* More like *Tub.* *Syph.* may also be possible.
 Main: *Staph.* and *Cortisol*

Summary (Summary of remedies after the case supervision)

Inter.: *Carb-an* Q1-Q10, *Graph* Q1, *Sulph* Q1 (10%)
 Miasm: *Tub-b.* Q3-Q19, *Syph.* Q3-Q8
 Main: *Puls.* Q2-Q15, *Lyc.* Q1 *
 Others: *Cort.* Q3-Q7, *Adren.* LM8

Remedies that worked well: *Puls.*
 Remedies caused aggravation: *Sulph.*

Sulph Q
 1x
Carb-an Q2
 2a
Puls Q15
 2-3 x

Inter.	Miasm	Constitution.	AM
Carb-an.Q10 Sulph.Q1 (10%) Aggravation Graph.Q1	Tub.Q19 Syph.Q8 (Before going to bed)	Lyc.Q1 (Aggravated by too much stimulation. Currently dissolve a drop of Q1, 10% in water and take a spoonful)	Puls.Q15 Adren.Q8 Used 1-2 times a night as an emergency remedy for itching. Staph.Q3 (aggravation because Puls. was stopped.) Cort.Q3-Q7, No significant improvement in aggravation from pressure.

When the patient got worse with Lyc.Q1 (10%) or Sulph.Q1 (10%), he gradually recovered by increasing the potency of Puls.



7) Recent prescription

Symptom scores are indicated by 10 at the first consultation and 0 for no symptoms.

(Date of consultation) 23rd/Aug/2022 Carb-an.Q8 (10%) 2/d, success 3 times Tub-b.Q17 2/d, success 5 times Lyc.Q1 (10%) 4/w, success 1 time, put 1 drop in 50 ml of water and take a spoonful from there. Puls.Q13, 3-4/d, success 5 times. Adren.Q6 1-2/d, as an emergency remedy for nighttime itching. Sil.6X 2/d, 2 pills each time.	Reason for selection Carb-an.: Neutralization of steroids, recurrent dermatitis in adolescence Tub-b) Following your advice. Lyc.: Lack of confidence, sweet tooth. Puls.: Obedient, calm, gets sick when his parents are away from home. Sil.: Sil. is considered as a constitutional remedy because Puls. acts well.
Adjustment: 2nd/Sep.: Lyc., which is succeeded once then put 1 drop in 50 ml of water. He should have taken a spoonful, but he took all of it by mistake. Face itching aggravated. (7-> 9) 4th/Sep.: Reduce Lyc. from 4/w to 2/w.	
Result: 7th/Oct/2022 Worse: Facial inflammation (7->8), Mental (5->7) (it was because he could not get credits required for graduation) Improvement: groin (1->0), arms (3->1), chest (3->2), palms (3->1), legs (6->5) No change: Back (1->1)	

(Date of consultation) 7th/Oct/2022 Carb-an.Q9 (10%) 2/d, success 3 times Tub-b.Q18 2/d, success 5 times Lyc.Q1 (continued) (10%) 2/w, success once, then put 1 drop in 50 ml of water and take 1 spoonful. Puls.Q14, 3-4/d, success 5 times. Syph.Q7 1/d, before going to bed, success 5 times. Adren.Q6 1-2/d, as an emergency remedy for nighttime itching. Sil.6X 2/d, 2 pills each time.	Reason for selection Since all except the face and mental are better, increase the potency of the remedies and continue them. Continue with the same potency for Lyc. Mental aggravation is caused by an external factor, academic failure. The face is the first location where the dermatitis started with. I evaluated that it was not the opposite of the law of healing.
Reaction after prescription: Improvement: Facial inflammation (8->6), back (1->0), palms (1->0), legs (5->1) Mental (7->3) Because he decided to withdraw from school and felt better about it. Maintained Improvement: Groin (0->0) No change: Arms (1->1) Worse: Chest (2->3)	

Carban (Tub) - Graph - pills for acute

I did not repertorise the case and selected remedies from the materia medica. For submitting the case, I repertorised it with Radar Opus and the results are attached below.

Reactions to remedies that are in the result of repertorisation and tried before:

No change: Merc. Rhus-t.

Worse: Graph. Sulph.

Better: Sep.

The screenshot shows the RadarOpus interface with the following data:

Remedy	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	
1. MIND - POSTPONING EVERYTHING TO NEXT DAY, (44) 1	1	1	1		1		1	1		1	1		1		2	2						1								
2. MIND - DUTY - too much sense of duty, (38) 1	1	2	1	2	3		1		2		1							3	1		1			1	1	1	3			
3. MIND - INTELLIGENT - lazy; but, (5) 1						2															2									
4. FACE - ERUPTIONS - night, (2) 1		2																			2									
5. CHEST - PERSPIRATION - offensive, (11) 1	3			2		1		1		1			1										1				1			
6. PERSPIRATION - ODOR - offensive - night, (25) 1	2	1	1	2		1		1	1						1				1		1							3		
7. GENERALS - FOOD AND DRINKS - sweets - desire, (285) 1	3	1	1	2	2	2	1	1	1	1	1	1	3	2	3	2	2	2	2	2	2	1	2	1	1	1	1	2	2	2
8. STOMACH - ERUCTATIONS, (464) 1	3	2	3	3	2	2	3	2	2	2	1	3	3	3	3	2	3	2	2	3	2	1	2	1	1	1	1	3	3	3
9. GENERALS - STOOP SHOULDERED, (34) 1	2		1		2		2	2	1			1	3	3	1	2		1			1	1		1	1	1			2	

1. 根本
1. 精神-あらゆることを翌日に先送りする
 2. 精神-義務-強すぎる義務感
 3. 精神-知性のある-怠惰；しかし
 4. 顔-発疹-夜
 5. 胸-発汗-不快な
 6. 発汗-臭い-不快な-夜
 7. 全般-食べ物と飲み物-甘いもの-欲する
 8. 胃-げっぷ
 9. 全般-猫背

The screenshot shows the RadarOpus interface with the following data:

Remedy	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1. FACE - ERUPTIONS, (482) 1	3	2	2	3	3	3	3	2	3	2	3	3	2	2	3	2	1	1	1	1	3	3
2. FACE - ERUPTIONS - night, (2) 1								2		2												
3. FACE - ERUPTIONS - discharging, (0) 1																						
4. FACE - ERUPTIONS - itching, (73) 1	2	2	2	2	3	3	3	2	2	2	1	2	2		1	1	1	1	1	3	2	
5. FACE - ERUPTIONS - smarting, (5) 1														1		1						
6. SKIN - ITCHING - perspiration - after - agg., (4) 1		2																				
7. FACE - ERUPTIONS - fissures, (11) 1	2		3	2			1		1			2		1		2			1	1		
8. FACE - ERUPTIONS - eczema - dry, (1) 1																			1			
9. SKIN - ITCHING - perspiration - agg., (13) 1	2	1				1	1					1				1		2				

2. 根本
1. 顔-発疹
 2. 顔-発疹-夜
 3. 顔-発疹-分泌
 4. 顔-発疹-痒み
 5. 顔-発疹-痛み-ヒリヒリ
 6. 皮膚-痒み-発汗-後-悪化
 7. 顔-発疹-亀裂
 8. 顔-発疹-湿疹-乾燥した
 9. 皮膚-痒み-発汗-悪化

	carb.	scir.	trif-p.	brom.	calc-ar.	carb-an.	con.	cund.	lyc.	psor.	sulph.	thuji.	tub.
1	2	3	4	5	6	7	8	9	10	11	12	13	
1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	2	2	1	1	1	1	1	1	1	1	1	1	1

3. Heridity
- 1. GENERALS - FAMILY HISTORY O... (5) 1
 - 2. GENERALS - FAMILY HISTORY O... (8) 1
 - 3. GENERALS - FAMILY HISTORY O... (0) 1

3. 遺伝
1. 遺伝-家族歴-湿疹
 2. 遺伝-家族歴-癌
 3. 遺伝-家族歴-アレルギー

【ストットラー先生のレパトリーはこちらのみです】

1. Constitutional

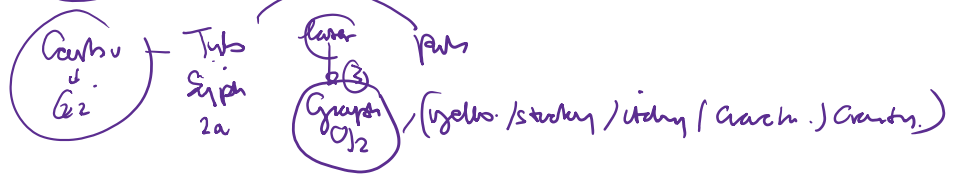
- 1. SKIN - ERUPTIONS - itching (188) 1
- 2. SKIN - ERUPTIONS - discharging - gl... (11) 1
- 3. MIND - AILMENTS FROM - anticipation (97) 1
- 4. SKIN - ERUPTIONS - discharging (y.) (43) 1
- 5. SKIN - ITCHING - scratching - agg. - ... (34) 1
- 6. GENERALS - UNCOVERING - agg. (86) 1

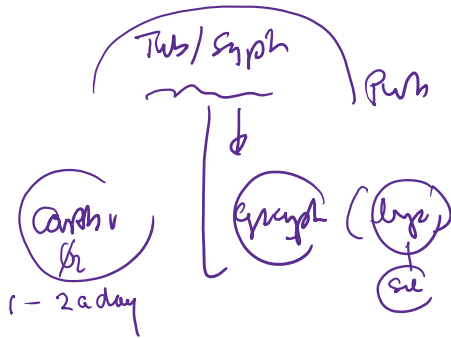
1. 根本

1. 皮膚-発疹-痒み
2. 皮膚-発疹-分泌-粘着性の
3. 精神-からの病気-予期
4. 皮膚-発疹-分泌-黄色
5. 皮膚-痒み-掻く-悪化
6. 全般-覆いを取る-悪化

7) The most important questions from the homoeopath

(1) Assuming the first symptom of facial symptoms as 10, it was 0 once when he was taking the remedies prescribed in May 2021 (Carb-an. Tub-b. Syph. Puls.). At that time it seemed that the pathological energy was directed more toward the body. Over the next year and a half, dermatitis on the face has remained between 6 and 9 while the dermatitis of the body (extremities, back and chest) and the newly emerged dermatitis on the groin and palms have calmed down. As the main remedy, Puls. is essential because facial dermatitis gets worse if he doesn't take it. However, it is not getting any smaller than 6. It got worse when the intercurrent was changed to Sulph. or Graph. Please give me some advice.





2) What else could be done to prevent him from aggravation from academic pressure? Would Lyc. have worked better with the Miasm nosode Carb.?

Now the symptoms are stable because there is no trigger of academic pressure. However, I am concerned that it will get worse again if he comes under pressure in the future.

He is unable to start anything until the last minute. For this, he has a strong sense of self-denial. His parents are very understanding and there is no pressure from others around him. He is putting pressure on himself.

	1	2	3	4	5	6	7
carc.	1	2	3	4	5	6	7
med.	6	5	4	3	3	2	2
psor.	10	8	7	8	5	2	2
tub.							
aids.							
coli.							
streptoc.							

6. Mind	x	1	2	3	4	5	6	7
1. MIND - BLAMES HIMSELF	(0) 1							
▶ 2. MIND - FEAR - failure, of	(129) 1	1	1	2		1		
▶ 3. MIND - AILMENTS FROM - mental exertion	(69) 1	2	1	1	4			
▶ 4. MIND - CONFIDENCE - want of self-confidence - school; in	(6) 1	2						
▶ 5. MIND - CONFIDENCE - want of self-confidence - inferior; feels	(1) 1							
▶ 6. MIND - CONFIDENCE - want of self-confidence - failure, feels himself a	(14) 1	1						
▶ 7. MIND - CONFIDENCE - want of self-confidence - self-depreciation	(37) 1			1	1			
▶ 8. MIND - FEAR - failure, of - examinations; in	(36) 1	1	1			1		
▶ 9. MIND - POSTPONING EVERYTHING TO NEXT DAY	(44) 1		2				1	1
▶ 10. MIND - INTELLIGENT - lazy; but	(5) 1							
● 11. Nosodes families	(65) 1	3	3	3	3	3	1	1

6. 遺伝

1. 精神-自分を責める
2. 精神-恐れ - 失敗、を
3. 精神-からの疾患-精神的労作
4. 精神-自信-自信の欠如-学校 ; の中
5. 精神-自信-自信の欠如-劣る ; 感じている
6. 精神-自信-自信の欠如-劣る ; 失敗、自分のことを思う
7. 精神-自信-自信の欠如-劣る ; 自己価値-卑下
8. 精神-恐れ-失敗、を-試験 ; において
9. 精神-あらゆることを翌日に先送りする
10. 精神-知性のある-怠惰 ; しかい

● 11. ノゾード類

8) Dr. Stöteler's Prescription (Please check the box you prescribe now)

	Remedy & potency	Succussion & frequency	now
Inter.	Q	Succ. /d /w	<input type="checkbox"/>
Nos.	Q	Succ. /d /w	<input type="checkbox"/>
AM	Q	Succ. /d /w	<input type="checkbox"/>
Constitution.	Q	Succ. /d /w	<input type="checkbox"/>
TS	X	pills. /d /w	<input type="checkbox"/>
MT	φ	drops. /d /w	<input type="checkbox"/>